

THE FIT FACTORY- PICKENS, FEBRUARY 2019

126 West Main Street, Pickens SC, 29671 thefitfactorypickens@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10am AcroYoga- Kit
3	4 6:15pm Bootcamp- Katrina 7pm Yoga Flow- Tyler	5 5:15am Bootcamp- Fallon 7pm House Party Fitness- Fallon	6 7pm House Party Fitness- Leslie/Katrina	7 5pm All levels Yoga- Kit 6:15pm Dance Toning	8	9 10am AcroYoga- Kit
10	11 6:15pm Kettle Bell- Fallon 7pm Yoga Flow- Kit	12 5:15am Bootcamp- Jenny 7pm House Party Fitness- Leslie	13 6:15pm VIXEN 101 7:15pm VIXEN - Fallon	14 5pm All levels Yoga- Kit No pm workout, but we do have class in Easley!	15	16 10am AcroYoga- Kit
17	18 6:15pm Bootcamp- Fallon 7pm Yoga Flow- Sandy	19 5:15am Bootcamp- Katrina 7pm VIXEN- Fallon	20 6:30pm RIPPED- Nina	21 5pm All levels Yoga- Kit 6:15pm Dance Toning- Katrina	22	23 10am AcroYoga- Kit
24	25 6:15pm Kettle Bell- Fallon 7pm Yoga Flow- Tyler	26 5:15am Bootcamp- Jenny 7pm House Party Fitness- Leslie/Fallon	27 7pm VIXEN- Fallon	28 5pm All levels Yoga- Kit 6:15pm POUND- Fallon		
Pricing per class: \$10 to drop in \$65 10 class pack	Monthly memberships must be purchased in studio.		Our fitness challenge begins 2/11! Visit our website or email us for more info!			

Download our free app on MINDBODY to have our class schedule and access to both studios at your fingertips! Search "Fit Factory" and choose the Pickens location. You can also book yourself into classes in advanced! Our website is www.thefitfactorypickens.com